### Event promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

# Darlington CC Open 10 MILE TIME TRIAL

VTTA (North) event Including road bike category

Sunday 10 October 2022 First rider off: 10:01



**EVENT OFFICIALS** Timekeeper: Geoff Watson Assistant Timekeeper: Steve Fullerton HO: Mike Drake

- EVENT SECRETARY Marcel Schubert 21 Bleath Ghyll Darlington DL2 2GS Mobile: 0741 21 02 735 Mobile during the event: 07702 311081 (Mike Drake at HQ) email: marcel.schubert@gmx.net
- EVENT HEADQUARTERS Leeming Village Hall Mill Lane, Leeming North Yorkshire **DL7 9SS** Open from 9:00 am on event day

#### AWARDS (One rider-One prize, except VTTA member bonus and team prize)

Award Category	1st	2nd	3rd	<b>Entry Categories</b>	# entries
Overall: Men	£25.00	£20.00	£15.00	Female veteran	5
Veterans on Handicap: Men	£25.00	£20.00	£15.00	Male senior	8
Veterans on Handicap: Women	£25.00	£20.00	£15.00	Male junior	2
Road bike: Men	£25.00	£20.00	£15.00	Male veteran	46
Juniors	£20.00				
VTTA members bonus on handicap	£10.00	£10.00	£10.00		
Team (best 3 rider avg)	£45.00				
Most unlucky rider*	£15.00				

*\*if any riders stuck behind traffic, based on judgement call by marshals at* Leeming Roundabaout, but hopefully all will be lucky!

Veteran Handicap results are courtesy of VTTA - Veterans Time Trials Association. The Veterans Time Trials Association is for anyone 40 years of age and over who has an interest in cycle racing, and specifically in time trialling. If this is you, please consider joining.

#### **Course Records**

The T104 course is new, hence there are no records yet

**Course Discription:** Start at manhole cover at north end (Catterick side) of high-rise bridge over A1(M) on the A6055. (Approximately 3yds from start of blacktop of bridge footpath decking). Proceed south on A6055 to Leeming Interchange (Bedale by-pass) roundabout, where take 5th exit, signposted A684, Bedale/Leyburn. (2.76mls) Continue on A684 to Bedale North Roundabout. (4.42mls). Encircle roundabout and proceed back along A684 eastbound to first roundabout, (6.1mls) taking the 1st exit onto A6055. Proceed Northwards, passing start to finish at marked grate on west side of road, approx. 1.2 miles north of start. (10mls) Please note all mileages are approximate) **Downloadable Course Map:** <u>https://www.plotaroute.com/route/1802083</u>

## Headquarters

On race day, the HQ will be open from 09:00.

You must sign in and out from the event - failure to do both will result in disqualification. Don't forget to return your number after you finished and please stay for tea/coffee/cake while we prepare the provisional results sheet.

### Finding the HQ

The HQ is at Leeming Village, <u>not Leeming Bar.</u> The nearest junction of the A1M is Junction 51. The Village is immediately adjacent (North West) of RAF Leeming on Roman Road. Mill Lane is directly opposite The Willow Tree Inn.

### Parking

Nobody should park in the village itself or directly outside the hall (except officials). This is an agreement we have with the trustees of the hall. Please respect this at this sensitive time. Parking in the area is not difficult, particularly along the perimeter to the adjacent RAF Leeming Airfield – towards Londonderry. This is less than 0.5 miles from the HQ. Ideally ride or walk to the HQ please.

# Directions from HQ to Start:

- > approximately 5.8 miles and perfect for warming up
- Exit village hall and at main road turn left in northwards direction along Roman Road
- In Leeming Bar village, at the Bedale/Northallerton road T-junction (Co-op on right) turn right towards Northallerton and left at the nearby mini-roundabout onto Leases Road towards Industrial Estate, Wensleydale Railway
- Cross the A684 roundabout via 2<sup>nd</sup> exit and continue towards Kirkby Fleetham via right turn onto Low Street immediately after the roundabout
- Continue along Low Street for approx. 3.5 miles until the T-junction with the A6055 Note: This is the entry point of the T504 course
- At the T-junction turn left in southern direction towards Leeming and the start is at the entry of the bridge over the A1
- Downloadable route: <u>https://www.plotaroute.com/route/2008977</u>

# Warming up

Please do not warm up on the course. The road from HQ to the start should be ideal for warming up.

#### Start line protocol

Remember you must wear a **safety helmet** and have your bike equipped with a working **front and rear light** – you will not be permitted to start without this. There will be no pushing off, you are required to start with one foot on the ground.

## Directions from Finish to HQ:

- DO NOT attempt to U-turn within the vicinity of the finish, see Regulation 2 below! Continue straight ahead in northern direction until the finish is well out of sight before turning around.
- After turning continue along the A6055 in the southern direction and turn left towards Kirkby Fleetham onto Low Street (indicated by black/yellow arrow). This route will avoid you passing the start while the event is still in progress. Do not pass the start while riders are still to set off.
- From this point retrace the route you took from HQ towards the start but in the opposite direction
- Approximately 6.8 miles
- Downloadable route: <u>https://www.plotaroute.com/route/2009043</u>

### Additional notes and local Regulations

- 1. No 'Warming up' by competitors is allowed on the course once the event has started. Please respect this and ensure your vehicle is not on, or on the verge, of any part of the A6055 that is used by competitors.
- 2. No "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
- 3. After you have finished, do not pass the start on your return to HQ while riders are still being set off. Use the route described above.
- 4. Marshals placed to direct competitors ONLY. They have no powers to stop/direct other road users.
- All competitors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, ANSI Z90.4, AUS/NZS 2063:96, DIN 33-954, CPSC or EN 1078.
- Parental Consent forms are required for riders under the age of 18 All riders in this category must provide a completed and signed (original) Parental consent form on race day before they will be allowed to sign on. <u>https://www.cyclingtimetrials.org.uk/documents/index/guardians</u>

Signing On	When signing on YOU MUST tick the required column to indicate that you are to compete on a road bike. The onus is on you. If you do not tick the column, we will not know you want inclusion in the road bike category and you will be incorporated into the main field and will not qualify for any road bike award. (note that there is no facility to separate road bike and general field rides on the CTT website so they will all appear in time order as one block)
The Rider	No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
	Use of skinsuits is permitted.
	No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.
The Machine	The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
	No time trial style or triathlon forward extension bars with or without elbow pads will be present.
	Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

Please apply the spirit of the road bike competition in your equipment choice. Noncompliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category/result, but included in the open event result.

# Start list

FAO all riders on road bike: please remember to tick the road bike column when you sign in on the day of the event.

number	start_time	firstname	lastname	club		
1	10:01	Stephen	Adamson	Fietsen Tempo		
2	10:02	Erica	Short	Darlington Cycling Club		
3	10:03	Suzanne	Noon	Queensbury Queens of the Mountain		
4	10:04	Louise	Watson	Queensbury Queens of the Mountain		
5	10:05	Marcel	Schubert	Darlington Cycling Club		
6	10:06	Peter	Grimoldby	Durham City Velo		
7	10:07	Steven	Homer	Houghton CC		
8	10:08	John	Tiffany	Harrogate Nova CC		
9	10:09	Tom	Broadley	Otley CC		
10	10:10	Shaun	Tyson	Protech Velo		
11	10:11	Russell	Smith	Darlington Cycling Club		
12	10:12	Michael	Ward	Ellmore Factory Racing		
13	10:13	Peter	MacKlam	Yorkshire Road Club		
14	10:14	Andy	Delaney	Northumbria Police C.C.		
15	10:15	Stephen	Rhodes	Hartlepool CC		
16	10:16	Kevin	Denson	Darlington Cycling Club		
17	10:17	Andrew	Harland	Darlington Tri Club		
18	10:18	Kieran	Brownless	Teesdale CRC		
19	10:19	Gavin	Vest	Darlington Cycling Club		
20	10:20	Paul	Thirling	Hartlepool CC		
21	10:21	Caroline	Ratcliff	Ferryhill Whs		
22	10:22	Neil	Turner	Hambleton RC		
23	10:23	Phil	Wright	Hartlepool CC		
24	10:24	Andy	Rose	Darlington Cycling Club		
25	10:25	Alistair	Cole	Clifton CC York		
26	10:26	David	Purvis	Sun City Tri		
27	10:27	David	Wright	Cheshire Roads Club		
28	10:28	Gareth	Shepherd	Bramley Wheelers CC		
29	10:29	John	Quimby	Coalville Whs		
30	10:30	Phillip	Tyas	Barnsley Road Club		
31	10:31	Alex	Ingham	AIMS Cycling		
32	10:32	Howie	Buckingham	Allen Valley Velo		
33	10:33	David	Hird	Hambleton RC		
34	10:34	Richard	Durham	VTTA (Yorkshire)		
35	10:35	Chris	Scaife	Teesdale CRC		
36	10:36	Liz	Ball	Valley Striders Cycling Club		
37	10:37	Alan	Chalmers	Valley Striders Cycling Club		
38	10:38	Paul	Sander	Stockton Wheelers CC		
39	10:39	Mark	Brownless	Teesdale CRC		
	continued on next page					

number	start_time	firstname	lastname	club
40	10:40	Ryan	Hall	Adept Cycling
41	10:41	Brian	Ward	Protech Velo
42	10:42	Shaun	Wakes	Ferryhill Whs
43	10:43	Paul	Tyler	Ferryhill Whs
44	10:44	Neil	Bainbridge	AIMS Cycling
45	10:45	Joe	Fellows	Trash Mile
46	10:46	Malcolm	Steer	Darlington Cycling Club
47	10:47	Terry	Parvin	Ferryhill Whs
48	10:48	James	Kessell	Clapham Chasers
49	10:49	Steven	Bell	Fietsen Tempo
50	10:50	Aidan	Adams	Harrogate Nova CC
51	10:51	Euan	Adam	Ilkley CC
52	10:52	Edward	Kingsley	Darlington Cycling Club
53	10:53	Mark	Burtonshaw	Harrogate Nova CC
54	10:54	James	Meadows	Cleveland Wheelers CC
55	10:55	Paul	Newman	Richmond CC
56	10:56	Matthew	Cole	Team Bottrill